



# SUMMER

*We cannot live only for ourselves, but for the greater good of thy neighbour & community*

## ANNUAL IN SUITE FIRE INSPECTIONS

Unit access will be needed  
Starting Week of: June 19th  
(for 5-10 min)

Floors 6&5 - Mon Jun 19  
Floors 4&3 - Tue Jun 20  
Floors 2&1 - Wed Jun 21  
Thur Jun 22 - common areas  
(bells will ring)

For the most part, horns,  
alarms & bells will go off for the  
day, while your floor is being  
tested.

You or someone will need to be  
home while your inspection is  
done, or turn your key into the  
security guard assigned to  
collect keys on:

**Key Collection** (S. Entrance)  
Sun Jun - 18 10:00 - 18:00  
June 19, 20 & 21 -  
07:00 - 08:00

**Key pickup** (S. Entrance)  
Jun 19, 20, 21 -  
18:00 - 19:00

To make the process speedy,  
units are being done going up  
in order.

**NO** backup dates are being  
scheduled.

If Unit access is not made  
available, a locksmith will be  
dispatched to access units  
required. Owners who fail to make  
appropriate arrangements will be  
subject to Locksmith, Door  
Hardware costs, and a Monetary  
Sanction of \$250 that will be levied  
to the Owners Unit Ledger.

## WATCH FOR OFFICIAL NOTICE

## President's Message

It is wonderful to see the summer season coming quickly. There is something invigorating about the fresh greenery and warmth in the air. The courtyard is coming back into form, and we hope everyone will take advantage of this space.

I also want to thank all who participated in the AGM and the open house the week before. We had great participation and hopefully were able to answer the questions which many had. You will see a publishing of answers to the more involved questions in Shiftsuite shortly.

The Board would also like to thank you for your faith in us. We are happy to welcome new Board members Ross Dillon, Brent Ciarrocca and Geoffery Say who join Ryan Locking, Andy Gregory, Mona Soyland, Aaron Taylor, Jeanette Bohach, and myself to make a full Board. We get along well, and I can assure you the focus by all the Board members is to enhance the value and livability at Gateway South Centre.

As we have noted over the past couple of years, inflation and the requirement for continued work does put a strain on the budget, but we are committed to operating without special assessments, and will do our best to keep fee increases to a minimum. We can all do a part in keeping expenses at a minimum by using electricity and water wisely, caring for the common property with respect and volunteering when needed.

We continue to work on the Geothermal with the engineering firm AME group leading Convergent in efficiencies and upgrades. We anticipate continued improvement over the next couple of years in both heating and cooling as the ground temperature is reduced, fan and pumping speeds are brought to correct levels and other issues are dealt with. It is great to have experts who really understand this system and can give us confidence in its long-term success.

Have a great summer and we all look forward to meeting with you during summer activities.

Dennis Locking, President



# HELPFUL respectful CARING Neighborly empathy

## Being Neighborly

With the pandemic now officially over many people are still finding it a struggle both health wise & financially. I thought I would take this time to talk about how you can help yourself & others that are going through a hard time.

Living within a large complex, such as ours we have people of many different ages, financial & physical ability. People may need a helpful hand from time to time. With that said, please keep an eye out for your neighbors. If you notice something going awry it wouldn't hurt to check in on them. You could be that next person in need.

There have been stories of people going out of their way to help someone get back to their suite, after they had taken a bad spill outside the building doors, then later checking in to make sure they were ok. It only takes a few minutes of your time to show a bit of humanity to a person in need. Other stories are those of people initiating welfare checks on someone because something doesn't seem right.

Something to keep in mind regardless of your ability or situation, is to make sure the office has an emergency contact on file for you. A recent case comes to mind where someone had gone missing for a lengthy period, the office had no contact info for them, police were called in to put a trace on the person. Luckily they are fine.

We do have elders in our building who we need to respect and watch out for. Our Security Guard Rich took the time to find some resources to help that sector of the building.  
(See next page for information)

For those that are suffering from food insecurity, these resources are available in the area.

- The Calgary Food Bank 403-253-2055.
- St Bonaventure Church (St Vincent de Paul Food Bank), Will deliver food for those in need - 403-278-7556.



## Essential Numbers for Seniors & other residents

### 9-1-1

#### Emergency (24-Hour)

For EMERGENCY, medical and police response.

Call the non-emergency police line at **403-266-1234** to report an incident that is not an emergency.

### 8-1-1

#### Health Link (24-Hour)

Health advice (including dementia advice) from a registered nurse.

### 3-1-1

#### City of Calgary (24-Hour)

Information on all City of Calgary services.

[www.calgary.ca](http://www.calgary.ca)

### 2-1-1

#### Community Resources (24-Hour)

Information and referrals for community and social services.

[www.ab.211.ca](http://www.ab.211.ca)

### 403-SENIORS (403-736-4677)

#### The Way In

Information, Advise and help accessing programs & benefits for older adults.

### 403-266-HELP (403-266-4357)

#### Distress Centre and Senior Connect (24-Hour)

Crisis support and urgent social work response (including if you are concerned for a senior at risk in the community).

### 403-943-1500

#### Access Mental Health

Non-urgent advise on navigating the addiction & mental health system

### 403-705-3250

#### Elder Abuse Resource Line (24-Hour)

Confidential information & support or to report suspected case of elder abuse.

### Other Helpful Numbers

- **Alzheimer Society of Calgary** 403-290-0110 - [www.alzheimercalgary.ca](http://www.alzheimercalgary.ca)
- **Alberta Health Services Home Care** 403-943-1920
- **Medic Alert: Safely Home** 1-855-581-3794 - [www.medicalert.ca](http://www.medicalert.ca)
- **Road ID** 1-800-345-6336 - [www.roadid.com](http://www.roadid.com)
- **Caregivers Alberta** 1-877-453-5088 - [www.caregiversalberta.ca](http://www.caregiversalberta.ca)

## Preventative Maintenance

Some Things you can do in your suite to mitigate the possibility of flooding.

- Replace washer lines with braided water lines on your washer.
- Replace old faucets & shower heads before they start leaking.
- Replace toilet wax seal. (they dry out)
- Exercise water shut of valves. If they do not turn contact the office.

## Full Parkade Cleaning

Vehicles will need to be removed & stalls clear of large items/debris from your stall, on your cleaning day by *(Watch for official notice)*

### Tue July 4 - P1

All underground Visitors stalls 2-29  
Main parkade Stalls: 1-83; 150-188; the down ramp stalls 228-263.

### Wed July 5 - P1

Main parkade Stalls: 84-149; 189-227; up ramp 544-579.

### Thu July 6 - P2

All stalls

### Fri July 7 - S. Visitors surface lot

All stalls



## Resident of the Year

Congratulations! to Brian Eady on being the Resident of the Year. His continued support on everything security & help with the the Power outage this winter hasn't gone un-noticed buy the community as valued member of our Gateway Community.

Next time you see Brian, Say Hi! & thank him for his keen eye & efforts.



A true community is not just about being geographically close to someone or part of the same social web network. It's about feeling connected and responsible for what happens. Humanity is our ultimate community, and everyone plays a crucial role.

## Board of Directors

**President** - Dennis Locking  
**Co-Vice President** - Aaron Taylor  
**Co-Vice President** - Ross Dillon  
**Treasurer** - Andy Gregory  
**Secretary** - Mona Soyland

**Director** - Ryan Locking  
**Director** - Jeanette Bohach  
**Director** - Brent Ciarrocca  
**Director** - Geoff Say

## Office Hours & Site Office Availability

Phone & Email: Monday - Friday, 8:30 - 4:30 (excluding holidays)  
Site Office - Tuesday & Thursday 12:30 - 6:30. First & last Saturday of the month 10:00 - 4:00

## Contact Info

**Office & 24/7 After Hours Line**  
403-200-1422 (listen to prompts)  
**General Manager - Wanda Hogg**  
E: gm@gatewaysouthcentre.com

**Community Administrator**  
E: admin@gatewaysouthcentre.com  
**Accounting**  
E: accounting@gatewaysouthcentre.com



Save Energy, Save on Condo Fees, Save the planet.